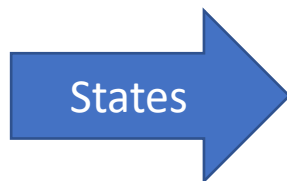
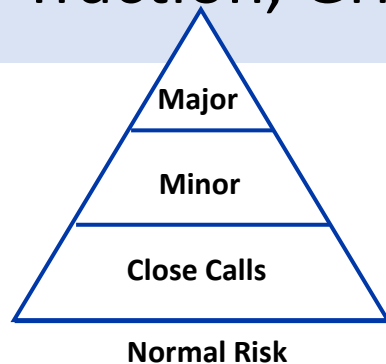


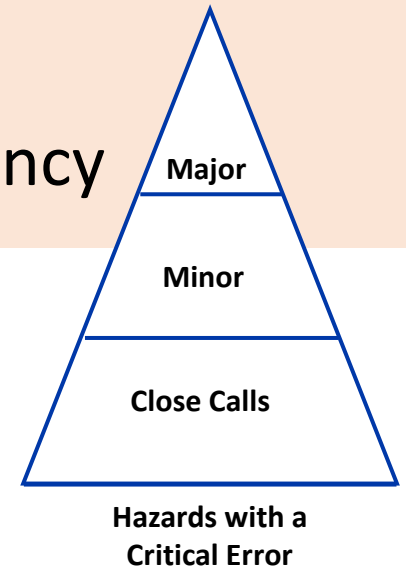
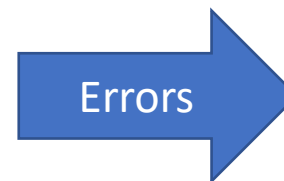
Over 95% of accidental, acute injuries are caused by 4 errors

- ✓ Eyes Not on Task
- ✓ Mind Not on Task
- ✓ Line of Fire
- ✓ Balance, Traction, Grip



4 States precede these 4 errors

- ✓ Rushing
- ✓ Frustration
- ✓ Fatigue
- ✓ Complacency



# Critical Error Reduction Techniques (CERT)

- Self-trigger on the state (or amount of hazardous energy)
- Analyze close calls and small errors
- Look at others for the patterns that increase the risk of injury
- Work on habits

## Questions?

For more information, visit [www.safestart.com](http://www.safestart.com) or call 1-800-267-7482